



Baltimore County Department of Aging
**FAMILY CAREGIVERS
ANNUAL MINI-CONFERENCE**

for relatives caring for older adults

Saturday, April 22, 2017

Liberty Senior Center

3525 Resource Drive, Randallstown 21133

8:45 a.m. to 12:30 p.m.

Open seating. Free admission.

Keynote: Navigating the Medical Journey in Advanced Illness

Individuals coping with their own or a family member's advanced illness face a difficult road and numerous challenges. Decisions about treatments can become quite complex, family members must reach agreement about the best path forward, and communication with medical providers and institutions must be done well to ensure that the patient receives the medical care he or she wishes.

Our conference speaker, Dr. W. Anthony Riley, Chief Medical Officer of Gilchrist Services, will provide insight on how to anticipate and navigate the road ahead in advanced illness. Dr. Riley has over 35 years of experience as a physician caring for patients with advanced and life-limiting illnesses and is an expert on advance care planning.

ADDITIONAL TOPICS:

Caregiver Stress? Respite Options! Learn about how taking a break can help reduce your stress.

Legislation Highlights Gain information about the CARE Act and what that means for you.

The New Age of Aging Hear an overview of useful programs for families and seniors.

Continental Breakfast sponsored by AARP-Maryland.

Blood Pressure Screenings provided by University of Maryland, St. Joseph Medical Center.

Directions to Liberty Senior Center: Baltimore Beltway 695 to exit 18 Liberty Road, West. Continue west on Liberty Road, passing by Old Court Road. Make a Left onto Resource Drive. Parking is in the front and in the rear of the building. The event is in the Liberty Senior Center (not the recreation center). 3525 Resource Drive, 21133.



For more information, call **410-887-4724**.

