



**April 27, 2017
6:30 P.M. – 8:30 P.M.**

**The Meeting House
5885 Robert Oliver Place
Columbia, MD 21045**

Free and Open to the Community

To Reserve a space please register
by April 19, 2017

Call: 443-849-8251 or email
gs_grief@gilchristservices.org



Support, Counseling and Education



Jewish Community Services



Jewish Federation
OF HOWARD COUNTY

**Gilchrist Grief Services,
Jewish Community Services,
Jewish Federation of Howard County
and
Sol Levinson & Bros, Inc.
Funeral Home**

Present a Community Seminar:

We Remember Them: Finding Hope and Meaning After Loss

Grieving the death of a loved one is a complex journey; it is a unique process for every individual.

This seminar will provide attendees an opportunity to learn new coping skills, to better understand their feelings, and come away with a renewed sense of hope and meaning

Program

- 6:30 – 6:45 Welcome**
- 6:45 – 7:15 Creating New Purpose:
Finding Hope and Meaning**
- 7:15 – 7:25 Break and Refreshments**
- 7:25 – 8:15 Breakout Sessions led by
Gilchrist Grief Services and
Jewish Community Services
Bereavement Clinicians**
- 8:15 – 8:30 We Remember Them presented
by Rabbi Amy Scheinerman**