



**Tuesday, September 12, 2017
6:30 P.M. – 8:30 P.M.**

Sol Levinson & Bros., Inc.
Funeral Home

8900 Reisterstown Road
Baltimore MD 21208

Free and Open to the Community

To Reserve a space please register
by September 7, 2017

Call: 443-849-8251 or email
gs_grief@gilchristservices.org



Support, Counseling and Education



Jewish Community Services



**Gilchrist Grief Services,
Jewish Community Services,
and
Sol Levinson & Bros, Inc.
Funeral Home**

Present a Community Seminar:

***We Remember Them:
Finding Hope and Meaning
After Loss***

Grieving the death of a loved one is a complex journey; it is a unique process for every individual.

This seminar will provide attendees an opportunity to learn new coping skills, to better understand their feelings, and come away with a renewed sense of hope and meaning

Program

- 6:30 – 6:45 Welcome**
- 6:45 – 7:15 Realistic Expectations While You Are Grieving**
- 7:15 – 7:25 Break and Refreshments**
- 7:25 – 8:15 Breakout Sessions led by Gilchrist Grief Services and Jewish Community Services Bereavement Clinicians**
- 8:15 – 8:30 We Remember Them Presented by Rabbi Steven Schwartz**